

# VALUES CARD



## SOCIAL-EMOTIONAL DEVELOPMENT (SEL)

- Players participate enthusiastically and take turns.
- Players contribute positively with the skills they have. (Do what you do best)
- Players stick with difficult tasks. (I can't do that ... yet!)

## COACHING LANGUAGE

- Do what you do best.
- You can't do that ... yet!
- Have fun.
- Be positive.
- Play with enthusiasm.

# developing a **PASSION**

## for rugby through having fun

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The World Cup competition was just around the corner. “Comrades!” King Lion shouted, calling his team together. “Today we are going to work on our ball skills!” Baboon was very excited! “I love playing with a rugby ball,” he cried joyfully, tossing it high into the air before launching himself into an impressive somersault and effortlessly catching it again. Everyone watched in awe. “Wow, you’re good with a ball, Baboon,” said Rhino wishfully. King Lion was impressed. “Baboon, you are a talented ball player,” he commented. “But now we must get on with the practice.” King Lion divided the animals into pairs and instructed them to run up and down the African plains, passing the ball back and forth between them. The animals followed the instructions enthusiastically and everyone was having great fun except for Springbok and Rhino, who kept dropping the ball. “Oh, no man Rhino, open your eyes. If you keep dropping the ball, you can’t play in our team,” said Springbok angrily. “I can’t catch the ball,” said Rhino discouraged, with big tears running down her cheeks. King Lion could see and hear what was going on. “Springbok,” he said, “I understand that you are frustrated, but that is not a good reason to be unkind to Rhino.” King Lion turned to Rhino. “You are not very good at catching the ball ... yet,” he said encouragingly. “You just need a little more practice.” “I know how you feel,” said Elephant, swaying his huge head sympathetically. “I was dropping the ball at first, but I just kept trying and now I am much better. It was actually fun!” “And...” said Baboon, hopping up and down excitedly, “you are really good at passing the ball, Rhino. I say we should have fun doing what we do best ... and keep on trying to do the

rest!” A sudden movement caught their eye. Cheetah was running to catch the ball, but was going so fast that he missed it. Laughing out loud he flew over the try line to score a try ... without the ball! “That’s how you do it, Cheetah,” cheered Baboon. “Having fun is the name of our game.” All the animals laughed, even Rhino whose tears had dried up. That day the laughter from King Lion’s team could be heard far and wide over the African plains. Even the sun watching from high above seemed to laugh and say “It’s about having FUN under the sun!”

**Have fun doing what you do best ...  
and keep on trying.**

